

Year 1

Spring 1 2026 – Traditional Tales

English

Reading

- Read words containing phase 5c phonemes from Anima Phonics.
- Recognition of alternative spellings for known phonemes within Phase 5c from Anima Phonics.
- Recognise phase 5c tricky words by sight from Anima Phonics.
- Listen to a range of fiction, non-fiction and poetry texts and take part in class discussions about the book.

Writing

- Write a simple sentence using a capital letter, finger spaces and a full stop.
- Spell words containing phase 5c phonemes from Anima Phonics.
- Form stick letters, mantis letter, curly caterpillar letters and zig zag letters correctly.

At home you could:

- Continue reading with your child on a regular basis.
- Practise all phonic sounds and actions from the new Anima scheme.
- Continue to practise their weekly spellings.
- Visit the library and share some traditional tales.
- Read a chapter book of their choice to promote pleasure for reading.

Maths

- Identify one more and one less of a number.
- Identify and represent numbers to 20 using objects and pictorial representations including the number line, and use the language of: equal to, more than, less than (fewer), most, least.
- Read, write and interpret mathematical statements involving addition (+), subtraction (–) and equals (=) signs.
- Represent and use number bonds and related subtraction facts within 10.
- Add and subtract one-digit and two-digit numbers to 10, including zero.
- Solve one-step problems that involve addition and subtraction, and missing number problems such as $5 = \square + 2$.

At home you could:

- Find one more and one less of a number to 20.
- Continue to count objects together in 2s and 10s, spotting odd and even numbers.
- Practise counting forwards and backwards from 50.
- Help your child to recognise and name all of the teen numbers.
- Encourage your child to solve simple addition and subtraction problems mentally in their head to 10.
- Learn the number bonds to 10 – e.g. 1 and 9, 2 and 8, 3 and 7...
- Learn the number bonds to numbers within 10 such as 6 – e.g. 1 and 5, 2 and 4, 3 and 3 ...

Science

- Name animals and group them accordingly into mammals, amphibians, reptiles, birds and fish.
- To distinguish that some animals are omnivores, some are carnivores and some are herbivores.

At home you could:

- Read non-fiction books about animals.
- Create a poster about your favourite animals and their diet.
- Discuss where animals live and why.
- Go to the library to research about animals.

DT

- Design purposeful, functional, appealing moving pictures based on the design criteria.
- Select from a range of tools and equipment to perform cutting and joining techniques.
- Explore and use mechanisms such as levers, flaps and sliders in their pictures.
- Evaluate their ideas and pictures against design criteria.

At home you could:

- Design and create an object out of junk modelling.
- Evaluate your creation and think about what you would change or do differently next time.

PSHE

- Identify adults they can trust and safe strangers.
- Understand the difference between wants and needs and know the basic things we need to survive.
- Listen to other people and understand other people have opinions.

At home you could:

- Talk about people you trust and why you trust them.
- Discuss about how we can want things but there are things that we prioritise that we need.

Geography

- Explore the UK and look at compass points.
- To name countries that make up the UK.
- To learn and discuss compass directions, North, South, East and West.

At home you could:

- Talk to your children about the UK and what countries make it.
- Discuss and look at a variety of maps.

Music

Following the Year 1 Charanga scheme of work for Music in Spring 1, the following objectives explored are:

- perform, listen to, review and evaluate music across a range of historical periods, genres, styles and traditions, including the works of the great composers and musicians
- learn to sing and to use their voices, to create and compose music on their own and with others
- understand and explore pitch, duration, dynamics, tempo, timbre, texture, structure and appropriate musical notations.

At home you could:

- Listen to music and discuss what you like and don't like about it.

RE

- Explore the concept 'Changes' in relation to their own experiences and linking this with people Jesus met.

At home you could:

- Talk to your children about different beliefs.
- Discuss what changes they have had or been through recently or in the past and how some changes can be tricky and some changes can be positive.

PE

- To learn fundamental movement skills such as hopping, skipping and jumping.
- To explore yoga poses and mindfulness.

At home you could:

- Practise skipping with a rope.
- Go to the park – practise climbing and using your core strength.
- Watch some cosmic yoga on youtube and join in.