

TRAILBLAZER

Finding your feet outside the classroom!

Summer 2 2020

Hello!

We expect that like us you've been spending a lot more time walking around your local area recently. It's been great to see some fabulous displays of artwork in local front gardens!

Maybe you can use some of this week's activities to brighten someone's day as they walk past!

Remember to let us know if you've enjoyed our ideas at outdoor.education@hants.gov.uk

Take care,

The Hampshire Outdoors Team

Decorate Outdoors

Using water based paints can you decorate a gloomy area of your garden or outside space. Can you paint something cheerful? Could you paint a scene? Perhaps you could use chalks and decorate the pavement.

MAKE SURE YOU HAVE ASKED PERMISSION AND CHECK THE PAINT WILL WASH OFF!



Outdoor Poetry

Open your eyes what do you see?
Changes each day?
A new bud on a tree?
Look carefully, is spring starting to show?
Is the grass getting greener?
Are flowers beginning to grow?

Can you write a new verse everyday for a week?
Look carefully, the daisies may have been buds yesterday but flowers today, the tree looked bare but now is covered in leaves!

Natural Weaving

Can you use natural materials to create a natural picture?
Create a frame using either cardboard with slits and string wrapped round or using sticks and string. Weave natural materials in and out. What can you create?



PE at home!

The Yorkshire Sport Foundation have been working on 2 minute videos to teach children PE skills, new ideas are uploaded on a Monday, Wednesday and Friday to their social media accounts - **@YorkshireSport**

Today, you should try developing your co-ordination using a hard back book and a ball of paper to create a bat and a ball. Why not try to balance the ball on the book or could you use two hands to bounce the ball on the book, we challenge you to bounce it 10 times in a row! Add some extra fun by asking a parent, sibling or carer to get their own book and rally with you? Lots more 2 minute ideas can be found on their website - www.yorkshiresport.org/get-active/thisispe/

Stubbington Study Centre

Natural Mandalas

Look at all the colours, shapes and textures outside that Spring is showing us! Can you use some of these to create a beautiful natural mandala?



Start by collecting a range of leaves, flowers, sticks or stones and arrange in a circular pattern. Check with an adult which ones are safe to touch. You could collect some material whilst out on a walk and then create back at home, in a garden if you have the space. We'd love to see your creations, send us a photo!

For more information about creating Natural Mandalas, or for other activities, go to Stubbington Study Centre's 'Turning Inside Out' webpage -

www.hants.gov.uk/educationandlearning/stubbingtonstudycentre/parentschildren/turninginsideouttext



Great British Wildflower Hunt

Have you been spotting all the wonderful wild flowers out on your walks and want to know more about them? Why not join the Great British Wildflower Hunt! From the window I am looking out of as I write this I can see dandelions, lots of daisies and some bluebells. Do the flowers change over time or stay the same. To find out more visit:

www.plantlife.org.uk/wildflowerhunt



We're always looking to see what you've been up too! Why not send us your idea's or images of the amazing things you've been up to!
Email us at outdoor.education@hants.gov.uk