

TRAILBLAZER

Finding your feet outside the classroom!

Summer 3 2020

Hello!

We hope you have been able to dodge the showers and still get outside. We've noticed a lot more bikes on the roads in recent weeks. Have you been practicing your cycling skills? There's some great ideas to improve your confidence in our PE section below.

Take care,
The Hampshire Outdoors Team.

Dark Skies

Have you gone for a sunset walk? There have been some amazing sunsets. Have you seen any of the meteorite showers, satellites and shooting stars over the last few weeks?

Can you identify any of the constellations?



Patterns in Nature

Nature has some amazing patterns in it. How closely have you looked at a dandelion clock? The pictures show the amazing patterns. Look closely, what can you find?



Shadow Drawing

Using a sheet of white paper and a toy, can you create an amazing shadow? Now draw around the outline and decorate your drawing. Can you create a picture drawing round lots of shadows? Or could you track the movement of the shadows through the day.



Getting out on your Bike

With so many families dusting off their bikes and heading out on a cycle for their daily exercise, we thought we would share some of the fantastic ideas that Hampshire's Active Travel team are sharing.

The website www.readysetride.co.uk/activities.php has lots of ideas of how to prepare your child for riding a bike with lots of fun ideas to try at home to help them get ready to ride. For example, trying to carry a tray of objects around the garden. Carrying the tray in both hands can you travel from one point to another without dropping anything? Can you carry the tray on the left of the body and on the right? There are also activities to try whilst your on your bike like creating a slalom to ride in and out of and activities to practice starting and stopping. All the activities have video clips and suggestions for how to make them easier or harder.

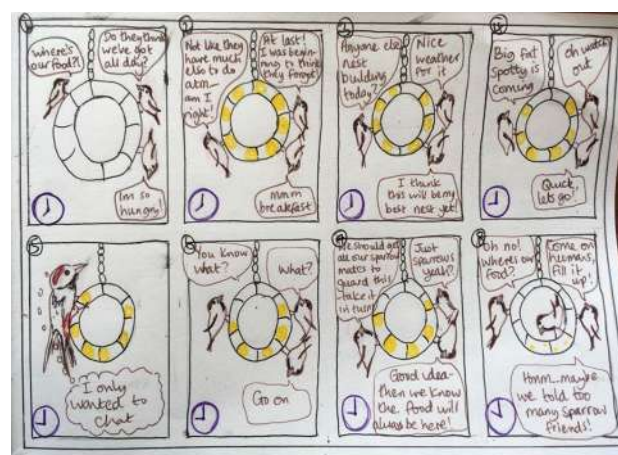
It is also worth subscribing to the newsletter that the Active Travel team have produced for more ideas www.myjourneyhampshire.com



Minstead Study Cente

Can you create a comic book scene!

Choose an outside space & create a comic style story using the animals/plants you see in the space! What do you imagine they are saying to each other?! What are their key features & characteristics?



Your Gallery



We're always looking to see what you've been up too! Why not send us your ideas or images of the amazing things you've been up to!
Email us at outdoor.education@hants.gov.uk